



Youth Basketball 2020-2021

Practice Guidance

Subject to change

All efforts should be made to comply with Tennessee Pledge Sports Guidelines found here:

<https://www.tn.gov/governor/covid-19/economic-recovery/sports.html>

Pre-Practice Protocol

- Keep a daily attendance list of all players, coaches, and other team personnel. This may be needed by league or Health Department officials in the case of a positive COVID-19 case.
- Screen coaches, players, and others involved in team activities for illness upon arrival to every practice and competition with the following questions:
 - Have you been in close contact with a confirmed case of COVID-19 in the past 14 days?
 - Are you experiencing a cough, shortness of breath, or sore throat?
 - Have you had a fever in the last 48 hours?
 - Have you had new loss of taste or smell?
 - Have you had vomiting or diarrhea in the last 24 hours?
- All persons should stay home if feeling ill. Any symptoms of illness should be reported to a coach or supervisor, and teams/supervisors should require notice of any COVID-19 positive case in a person's household. Persons who are particularly vulnerable to COVID-19 according to the CDC (e.g., due to age or severe underlying medical conditions) should consider whether to refrain from participating.
- Organization should assure adequate space, staffing, and timing of entrances so, as to not promote crowding for any period during ingress/egress and screening.
- Plan for potential COVID-19 Cases
 - A person who tests positive or is a close contact of a positive case is not allowed to participate in any way for a minimum of 10 days for positive cases and no participation for any close contacts during a 14-day quarantine period. Additional guidance may be provided by Knox Co Health Department.
 - Teams/organizations should keep a daily attendance list of all players, coaches, and others in attendance.
 - Teams/organizations must inform Knox County Parks & Rec staff of any positive cases or close contacts as soon as possible.

Practice Protocol

- Spectators should maintain at least 6 feet of separation from others not from the same household, including in seating areas.
- Facemasks/Gaiters **must be worn at all times** by coaches during practice/games to prevent the spread of mouth fluids during instruction and close proximity.
- All efforts to maintain social distancing should be made. When not possible, masks or gaiters should be worn over mouth and nose.
- Water / Drinks
 - All individuals are encouraged to bring their own water bottles, or if water is provided, disposable cups and bottled water should be used. Cups / water bottles cannot be shared
- Balls & Equipment
 - Equipment and personal items should not be shared. If equipment must be shared, disinfect between each use or as regularly as possible, according to CDC/EPA guidelines for sanitization.
 - Balls and other equipment should be sanitized regularly.